



**SILVER OAK  
UNIVERSITY**  
EDUCATION TO INNOVATION

CIRCULAR NO: SOU/CIR/2023/ICC/5  
DATE: 28.08.2023

**CIRCULAR**

**INTERNAL COMPLIANCE COMMITTEE**

All the members of ICC are requested to attend the meeting on 02.09.2023. At 03.00 pm at Conference Hall E-Block regarding the Prevention of Sexual Harassment of Women at workplace.

**Points to Discuss:**

1. Maintain safety and privacy of female stakeholders in the campus.
2. Mentoring the girl students.
3. Any other relevant points to discuss

CHAIRPERSON

**COPY TO:**

1. The Provost Office
2. The Registrar Office
3. All Deans
4. All Hols
5. All HoDs
6. IQAC Office
7. All Committee Members



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Date : 02.09.2023

**Minutes of the Meeting**

The minutes of the Meeting of Internal Complaints Committee, as per the circular no SOU/CIR/2023/ICC/5 dated 28.08.2023 was held on 02.09.2023 at 03:00 PM in Conference Hall E-Block regarding the Prevention of Sexual Harassment of Women at workplace. The following members were attended the meeting:

The following agenda were discussed in the meeting: -

1. Interaction of ICC members with girls students and female staff to maintain safety and privacy in the campus.
2. An awareness session to be conducted for the female stakeholders of the university.
3. The ICC members noted that there were no complaints received from any girls, students and women employees of this institution either in written form or mail.

SR. NO.	NAME OF MEMBER	DESIGNATION	PRESENCE
1	MS.JANKI PUROHIT	CHAIRPERSON	
2	MS.KINJAL PATEL	MEMBER	
3	MS.JENICE BHAVSAR	MEMBER	
4	DR.PRANATI SAR	MEMBER	
5	DR.GARIMA GUPTA	MEMBER	
6	MS.POOJA BARAPATRE	MEMBER	
7	MS.DEEPA GOPWANI	MEMBER	
8	MS.MAHI MISHRA	STUDENT REPRESENTATIVE	
9	MS.SHEKHVA HETAL	STUDENT REPRESENTATIVE	

The meeting ended with the vote of thanks

CHAIRPERSON

ICC CELL

COPY TO:

1. The Registrar Office
2. The committee members
3. IQAC Office



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**PROPOSAL LETTER**

Date: 08/09/2023

From,  
The Chairperson,  
WDC,  
Silver Oak University,  
Ahmedabad, Gujarat.

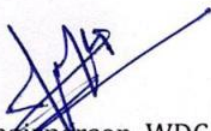
To  
The Registrar,  
Silver Oak University  
Ahmedabad, Gujarat


**Subject: Approval for Women's Health Awareness Session on "Menarche to Menopause"**

Respected Sir,  
The Women Development Cell, wants to organize **Women's Health Awareness Session on "Menarche to Menopause"** Session for all the Female students of the University on 16-09-2023 from 02:30 PM to 4:00 PM.

This is to request you to permit us to organize the said celebration on the proposed date.

Thank You

  
Chairperson, WDC

Approved/Not Approved
Sign of Registrar 





**SILVER OAK UNIVERSITY**  
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**CIRCULAR**

Date:11/09/2023

It is informed that a value-added session titled **Women's Health Awareness Session on "Menarche to Menopause"** "will be conducted on 16/09/2023. for our staff members. HODs/HOI and departmental staff are requested to take the follow-up for the same to get the maximum involvement of their into the event. Your wholehearted cooperation is needed to conduct the sessions in a considerate manner.

**Date:** 16-09-2023

**Time:** 2.30 PM to 4.00 PM

**Venue:** D-6th Floor Ignite hall

**Coordinator:** Prof. Janki Purohit.

**Email Id:** wdc@silveroakuni.ac.in

  
**Registrar**

Copy to:

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3. Office Copy
4. All HoI / HoD



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**SILVER OAK  
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**Women Development cell of Silver Oak University**  
Sunflower Women's Hospital Jointly Organised Women Health Talk On  
**"WOMEN'S HEALTH FROM MENARCHE TO MENOPAUSE"**

**EMINENT SPEAKER**

**DR. SHRADHA RAVAL**

**OBSTETRICS & GYNECOLOGIST**



**16<sup>TH</sup> SEPT, 2023**



**2:30 PM TO 4:00PM**



**IGNITE HALL D BLOCK,  
6<sup>TH</sup> FLOOR, SOU**

[silveroakuni.ac.in](http://silveroakuni.ac.in)



**List of Participated students in WDC event - "Women's Health Awareness Session on -  
Menarche to Menopause" held on 16/09/2023 at SOU**

<b>Sr. No.</b>	<b>Enrollment No.</b>	<b>Name</b>	<b>Institute</b>
1	2206030300002	DINDOR PAYALBEN SURESHBHA	B.Sc(N)
2	2206030300004	GOHIL VISHWA DEVENDRA KUMAR	B.Sc(N)
3	2206030300005	HOLDA ASMATFATMA MUNAVVARALI	B.Sc(N)
4	2206030300006	JETHAVA KUSUM KIRITBHA	B.Sc(N)
5	2206030300011	PATEL NIDHI AJAYBHA	B.Sc(N)
6	2206030300012	PATEL POOJA NAVNESHKUMAR	B.Sc(N)
7	2206030300013	PATEL RIZWANA ZUBER BHA	B.Sc(N)
8	2206030300016	RATHOD KHUSHI PRADIPBHA	B.Sc(N)
9	2206030300018	SHEKHVA HETAL VINODBHA	B.Sc(N)
10	2206030300020	VAGHELA SAKSHI RAJUBHA	B.Sc(N)
11	2206030300021	VASAIYA DHARTIBEN RAMANBHA	B.Sc(N)
12	2206030300022	ZALORI ALASNA MOHAMMADARIF	B.Sc(N)
13	2206030300008	MEKWA MAHEK ABDULAZIZ	B.Sc(N)
14	2206030300009	PARMAR DIPALIBEN SURESHBHA	B.Sc(N)
15	2206030300014	PATEL UNAISHA DAUD	B.Sc(N)
16	2106030300003	BHABHOR AYUSHIBEN NITINBHA	B.Sc(N)
17	2106030300004	BHALAKIYA VISHIKHA NATHALAL	B.Sc(N)
18	2106030300005	CHANDRAMANIYA KRUPABEN LAXMICHAND	B.Sc(N)
19	2106030300009	DHOLARIYA YATRIBEN KALPESHBHA	B.Sc(N)
20	2106030300011	GOSWAMI NEHALRAJ MAHESH	B.Sc(N)
21	2106030300015	PATEL DHRUVI SHAILESHBHA	B.Sc(N)



Sr. No.	Enrollment No.	Name	Institute
22	2106030300016	PATEL DIYA SHARADKUMAR	B.Sc(N)
23	2106030300017	PATEL MAHI BHIKHABHAI	B.Sc(N)
24	2106030300018	PATEL MESHVA DHARMENDRABHAI	B.Sc(N)
25	2106030300019	PATEL VISHWABEN GAUTAMBHAI	B.Sc(N)
26	2106030300021	RANA AVANIKA LALABHAI	B.Sc(N)
27	2106030300022	RATHOD UNNATI JITENDARSINH	B.Sc(N)
28	2106030300023	RATHOD VARSHA HARISING	B.Sc(N)
29	2106030300024	SAKHIYA NANDANIBEN NATUBHAI	B.Sc(N)
30	2106030300025	SELOT PAYALBEN PRABHUDAS	B.Sc(N)
31	2106030300026	SHARMA NEHA LALJIBHAI	B.Sc(N)
32	2106030300027	SHELADIYA BANSARI DHARMENDRABHAI	B.Sc(N)
33	2106030300028	SOLANKI RIYA HARESHBHAI	B.Sc(N)
34	2106030300029	YADAV PINAL RATILAL	B.Sc(N)
35	2106030300013	PATEL AESHA SHAILESHKUMAR	B.Sc(N)
36	2106030300020	PATHAN MAHENOOR NIAZAMED	B.Sc(N)
37	2218030100011	NOOPUR SANJAY SHAH	B.Pharm
38	2218030100014	PATEL AYUSHI VINODKUMAR	B.Pharm
39	2218030100017	PATEL RITU RAKESHKUMAR	B.Pharm
40	2218030100018	PATEL VISHWA TEJASKUMAR	B.Pharm
41	2214030300012	Khokhar Tanvi Bhaveshbhai	BPT



**LIST OF FACULTIES PARTICIPATED IN EVENT**

<b>Sr. No</b>	<b>Name of Faculty</b>
1	Ms. Himani Mittal
2	Dr. Rita Sharma
3	Dr. Zalak Shah
4	Ms. Arpita Mathur
5	Ms. Meera Savani
6	Ms. Poonam Khamar
7	Ms. Dhruvi Mehta
8	Ms. Rupal Shah
9	Ms. Brinda Panchal
10	Ms. Rajal Gadhvi





**SILVER OAK  
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### Activity Report

Department	Women Development Cell		
Activity Type	Expert Session		
Title	Women's Health Awareness Session on "Menarche to Menopause"		
Date	16-09-23	Duration :	2 Hours
Participants	Female Students and Teaching Staff	No. of Participants	All Female students
Expert Name with Designation	Dr. Shraddha Raval		
Name of Organization	Women Development Cell		
Expert contact details	Gynecologist		
Coordinator	Prof. Janki Purohit		
Faculty contact details	wdc@silveroakuni.ac.in		

#### Objective:

The primary objective of the event was to create awareness and initiate conversations about menstrual hygiene, breaking the taboo associated with menstruation, and providing a platform for discussing challenges faced by women across different stages of their reproductive life cycle.

#### Agenda:

##### Registration and Welcome

- Registration of participants
- Welcome address by organizers

##### Expert Panel Discussion

- Introduction of panelists
- Overview of menstrual hygiene concerns and denial
- Panel discussion on challenges and solutions



### **Interactive Sessions**

- Sharing personal experiences and stories
- Open dialogue on menstrual taboos and cultural perceptions

### **Networking and Conclusion**

- Networking session for participants
- Evaluation and feedback collection
- Conclusion of the event

### **Event Details:**

The Women's Development Cell of Silver Oak University invites you to a Menarche to Menopause dynamic event aimed at shedding light on menstrual hygiene concerns and denial. Join us for an engaging panel discussion featuring experts in the field, interactive sessions for open dialogue, practical workshops on hygiene management techniques, and a reflection session to pledge for menstrual equity and dignity.

### **Outcomes:**

- Increased awareness about menstrual hygiene concerns and denial.
- Initiated open dialogue and discussion about menstruation and menopause.
- Provided practical knowledge and techniques for menstrual hygiene management.
- Challenged societal taboos and cultural perceptions surrounding menstruation.
- Fostered a supportive and inclusive environment for sharing personal experiences and stories.
- Empowered participants to advocate for menstrual equity and dignity.
- Generated interest and engagement in further initiatives and campaigns promoting reproductive health.

### **Recommendations:**

1. **Education and Awareness Campaigns:** Implement comprehensive educational programs in schools, colleges, and communities to dispel myths and misconceptions about menstruation. Utilize various mediums such as workshops, seminars, and social media campaigns to reach a wider audience.



2. **Sustainable and Eco-Friendly Practices:** Promote the use of sustainable and eco-friendly menstrual hygiene products, such as reusable pads and menstrual cups, to reduce environmental impact and promote long-term sustainability.
3. **Collaborative Partnerships:** Foster collaborations between government agencies, NGOs, academia, and private sectors to address menstrual hygiene concerns comprehensively. Pool resources and expertise to develop innovative solutions and initiatives.

**Conclusion:**

"The Women's Health Awareness Session on "Menarche to Menopause" was a significant step toward educating and empowering women about their health at different stages of life.

The event not only provided valuable insights but also fostered a sense of community and support among the participants. It is hoped that sessions like this will continue to be organized in the future to promote women's health and well-being.

We extend our appreciation to everyone who contributed to the success of this event, and we look forward to further endeavors in raising awareness about women's health issues.



## Photos of the Event



Glimpse of the WDC event "Women's Health Awareness Session on - Menarche to Menopause held on 16/09/2023 at SOU



Faculties and Students at WDC event "Women's Health Awareness Session on - Menarche to Menopause held on 16/09/2023 at SOU





**SILVER OAK  
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CIRCULAR NO: SOU/CIR/2023/ICC/10  
DATE: 18.12.2023

**CIRCULAR**

**INTERNAL COMPLIANCE COMMITTEE**

All the members of ICC are requested to attend the meeting on 26.12.2023. At 03.00 pm at Conference Hall E-Block regarding the Prevention of Sexual Harassment of Women at workplace.

Points to Discuss:

1. Maintain safety and privacy of female stakeholders in the campus.
2. Mentoring the girl students.
3. Any other relevant points to discuss

CHAIRPERSON

COPY TO:

1. The Provost Office
2. The Registrar Office
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4. All Hols
5. All HoDs
6. IQAC Office
7. All Committee Members



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Date : 26.12.2023

**Minutes of the Meeting**

The minutes of the Meeting of Internal Complaints Committee, as per the circular no SOU/CIR/2023/ICC/10 dated 18.12.2023 was held on 26.12.2023 at 03:00 PM in Conference Hall E-Block regarding the Prevention of Sexual Harassment of Women at workplace. The following members were attended the meeting:

The following agenda were discussed in the meeting: -

1. Interaction of ICC members with girls students and female staff to maintain safety and privacy in the campus.
2. An awareness session to be conducted for the female stakeholders of the university.
3. The ICC members noted that there were no complaints received from any girls, students and women employees of this institution either in written form or mail.

SR. NO.	NAME OF MEMBER	DESIGNATION	PRESENCE
1	MS.JANKI PUROHIT	CHAIRPERSON	
2	MS.KINJAL PATEL	MEMBER	
3	MS.JENICE BHAVSAR	MEMBER	
4	DR.PRANATI SAR	MEMBER	
5	DR.GARIMA GUPTA	MEMBER	
6	MS.POOJA BARAPATRE	MEMBER	
7	MS.DEEPA GOPWANI	MEMBER	— AB —
8	MS.MAHI MISHRA	STUDENT REPRESENTATIVE	
9	MS.SHEKHVA HETAL	STUDENT REPRESENTATIVE	

The meeting ended with the vote of thanks

CHAIRPERSON

COPY TO:

1. The Provost Office
2. The Registrar Office
3. All Deans
4. All HoIs
5. All HoDs
6. IQAC Office
7. All Committee Members



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## **PROPOSAL LETTER**

Date: 26/12/2023

To  
The Registrar,  
Silver Oak University,  
Ahmedabad, Gujarat.

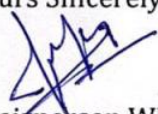
**Subject: Request to organize Guardian Wings for Girls Take a flight in safety and Confidence.**

Respected Sir,  
Women Development Cell, wants to organize a **Request to organize Guardian Wings for Girls Take a flight in safety and Confidence** for all the students of the college on 06-01-2024 from 11.00 AM to 1.00 PM.

This is to request you to permit us to organize the said celebration on the proposed date.

Thank you.

Yours Sincerely,

  
Chairperson WDC,  
Silver Oak University



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**SILVER OAK  
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**CIRCULAR**

Date: 01/01/2024

It is informed that a value-added session titled "**Request to organize Guardian Wings for Girls Take a flight in safety and Confidence**" will be conducted on 06/01/2024. Students are required to enroll their names for the above-mentioned session as early as possible with the coordinator. Registration will be on a first come first serve basis. HODs/HOI and female staff are requested to take the follow-up for the same to get the maximum registration. Your wholehearted cooperation is needed to conduct the sessions in a considerate manner.

**Date:** 06/01/2024

**Time:** 11:00 AM to 1:00 PM

**Venue:** B- 007, C. V. Raman Hall

**Coordinator:** Prof. Deepa R.

**Email Id:** wdc@silveroakuni.ac.in



**Registrar**



Copy to:

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2. Registrar Office for information
3. Office Copy
4. All Departments
5. IQAC

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# **GAURDIAN WINGS FOR GIRLS**

Take Flight in  
Safety & Confidence

**Date: 6<sup>th</sup> Jan 2024**

**Time: 11 A.M.**

**Venue: CV Raman hall**

## **READY TO LEARN**

**Ms. VAISHALI PANCHAL**  
INTERNATIONAL COACH &  
STATE SECRETARY

[silveroakuni.ac.in](http://silveroakuni.ac.in)



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### **LIST OF PARTICIPANTS**

<b>Sr. No.</b>	<b>Enrollment No.</b>	<b>Name</b>
1	2206030300002	DINDOR PAYALBEN SURESHBHAJ
2	2206030300004	GOHIL VISHWA DEVENDRA KUMAR
3	2206030300005	HOLDA ASMATFATMA MUNAVVARALI
4	2206030300006	JETHAVA KUSUM KIRITBHAJ
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16	2106030300003	BHABHOR AYUSHIBEN NITINBHAJ
17	2106030300004	BHALAKIYA VISHIKHA NATHALAL
18	2106030300005	CHANDRAMANIYA KRUPABEN LAXMICHAND
19	2106030300009	DHOLARIYA YATRIBEN KALPESHBHAJ
20	2106030300011	GOSWAMI NEHALRAJ MAHESH
21	2106030300015	PATEL DHRUVI SHAILESHBHAJ

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39	2218030100017	PATEL RITU RAKESHKUMAR
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41	2214030300012	Khokhar Tanvi Bhaveshbhai



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### **LIST OF FACULTIES**

<b>Sr. No</b>	<b>Name of Faculty</b>
1	Ms. Himani Mittal
2	Dr. Rita Sharma
3	Dr. Zalak Shah
4	Arpita Mathur
5	Ms. Meera Savani
6	Ms. Poonam Khamar
7	Ms. Dhruvi Mehta
8	Ms. Rupal Shah
9	Ms. Brinda Panchal
10	Ms. Rajal Gadhvi



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## ACTIVITY REPORT

<b>Department/ Cell</b>	Women Development Cell		
<b>Title</b>	Guardian Wings for Girls Take a flight in safety and Confidence		
<b>Date</b>	06/01/2024	<b>Duration :</b>	2:00 Hour
<b>Participants</b>	Female students and staff	<b>No. of Participants</b>	51
<b>Expert Name with Designation</b>	Ms. Vaishali Panchal (International Coach)		
<b>Name of Organization</b>	Women Development Cell		
<b>Coordinator</b>	Prof. Deepa R.		
<b>Faculty contact details</b>	wdc@silveroakuni.ac.in		

### Objective:

"Guardian Wings for Girls: Take a Flight in Safety and Confidence" under the Women's Development Cell is to empower young women by equipping them with the necessary knowledge, skills, and strategies to enhance their personal safety and build self-confidence. Through expert-led sessions, interactive discussions, and practical demonstrations, the event aims to raise awareness about self-defense, mental health, and personal empowerment, fostering a sense of independence and resilience. Ultimately, the program seeks to create a supportive environment where girls can grow into confident individuals, ready to navigate challenges with assurance and strength.

**Agenda:** Women Empowerment

### Event Details:

The event will commence at 11:00 AM with a welcoming speech by **Prof. Deepa R.**, followed by the ceremonial lamp lighting by the invited experts and members of the management. Afterward, all attendees will stand for the **Kulgeet** of the university. The guest will be formally welcomed with the presentation of a memento, after which the event will proceed with a live demonstration by the coach.



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### Outcomes:

1. **Increased Awareness:** Participants will gain enhanced awareness of personal safety measures, self-defense techniques, and mental health strategies, empowering them to protect themselves in various situations.
2. **Boosted Confidence:** The event will foster greater self-confidence among the attendees, equipping them to handle challenges with resilience and assertiveness in both personal and professional spheres.
3. **Practical Skills Acquisition:** Through live demonstrations and expert guidance, participants will acquire practical skills in self-defense, contributing to their overall sense of security and independence.
4. **Sense of Empowerment:** The program will inspire a sense of empowerment, helping young women feel more prepared and confident to navigate their day-to-day lives with self-reliance and determination.
5. **Supportive Network Creation:** Attendees will have the opportunity to connect with peers, mentors, and experts, building a supportive community focused on women's safety, confidence, and growth.

### Conclusion:

The "**Guardian Wings for Girls**" event successfully achieved its goal of empowering participants with essential knowledge and practical skills for personal safety and confidence. The live demonstrations and expert insights provided attendees with valuable self-defense techniques and mental health strategies, fostering a greater sense of independence and resilience. The event also created a platform for open discussions, helping young women feel more connected, supported, and ready to face challenges with self-assurance. Overall, the program reinforced the importance of safety and confidence, leaving participants inspired and better prepared for the future.



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**SILVER OAK UNIVERSITY**  
EDUCATION TO INNOVATION

**PHOTOGRAPHS**



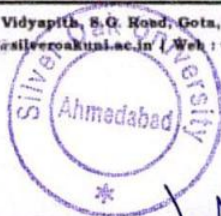
Expert is Explaining about Self Defense Tricks on Event "Guardian Wings for Girls Take a flight in safety and Confidence" held on 06/01/2024 at SOU



Group photo of the event Expert is Explaining about Self Defense Tricks on Event "Guardian Wings for Girls Take a flight in safety and Confidence" held on 06/01/2024 at SOU

**Established by Gujarat Private Universities Act 2009**

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Date: 27.05.2024

### ANNUAL REPORT OF INTERNAL COMPLAINTS COMMITTEE

The Committee had deliberated about the various activities to ensure that the Institute is free from Sexual Harassment of Women. The Committee monitor through the entire campus to ensure that no Sexual Harassment activities occur in the University.

The details of the committee members have been displayed in the website <https://silveroakuni.ac.in/women-development-cell> with the details of the nodal officer along with phone number and email id.

Few sessions were also arranged to create awareness about Sexual Harassment and its aftereffects for all the women staff and students.

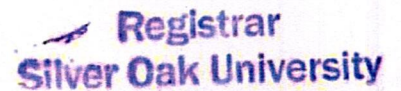
For the A.Y. 2023-24 the list of the issues and the action taken regarding Sexual Harassment is provided in the following table.

SR NO	NAME	ENROLL NO	SEM WITH BRANCH	COMPLAINTS	REMARKS
NIL					

The Institute places on record its sincere thanks to all the members of the Internal Complaints Committee for ensuring an incident free year.

  
CHAIRPERSON

  
REGISTRAR

  
Registrar  
Silver Oak University



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